



Erasmus+



Erasmus+ School Exchange Partnership - **DESTINATION:
HAPPINESS!** - 2019-1-PL01-KA229-065687_4

C2 Short-term exchanges of groups of pupils - Happi:nation!

Virtual Mobility

Bucharest, Romania, 11-13 October 2021

AGENDA

MONDAY - OCTOBER 11th

- 10.00 – 10.40 – Opening Session (short welcome speech, brief presentations of the partners*)
- 10.40 – 11.40 – Workshop: Integration games and activities
- 11.40 – 12.00 – Lunch break
- 12.00 – 12.30 – Module 1: Outcomes and reflection **
- 12.30 – 14.00 – Workshop: How to create a reportage

TUESDAY - OCTOBER 12th

- 10.00 – 10.20 – Different facets of happiness – introductory games and discussions
- 10.20 – 11.20 – Movie time: The Secret Life of Walter Mitty (part 1)
- 11.20 – 11.50 – Lunch break
- 11.50 – 12.20 – Happiness – different for each of us? – movie-based activities
- 12.20 – 13.20 – Movie time: The Secret Life of Walter Mitty (part 2)
- 13.20 – 14.00 – Happiness – the ultimate goal for art? – movie-based activities

WEDNESDAY - OCTOBER 13th

- 10.00 – 11.30 – Hygge Workshop - The Danish concept of wellbeing ***
- 11.30 – 12.00 – Lunch Break
- 12.00 – 13.00 – Letter to my future self
- 13.00 – 14.00 – Presentation of the reportages; The Best Hygge photo
- 14.00 – 14.15 – Evaluation of the mobility

* Each partner team is expected to deliver a 5-minute presentation of their country, city, school.

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*** Suggested materials for an autumn-themed Hygge corner – fruit, leaves, tray, cup of tea/hot chocolate, cinnamon rolls, favourite book, etc.