



MY HEALTHY DAY

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06:30am

I woke up at 6:30am because I like to have enough time to eat breakfast and get ready for school.

I had mango with blueberries and nuts, because we should eat fruit for breakfast .

07:40am

I left home and went to school by car with my grandpa .



08:00am

I started my first class. I had double PE, the only lesson that Friday, because we were going to the cinema to celebrate women's day .

09:50 am

I left school with my classmates and we started walking to the cinema in OLIMP .



10:30 am

We arrived at the cinema and we wanted to pick up our popcorn and drinks before the movie .We saw „Za duzy na bajki 2”. It was a really good movie and everybody laughed a lot .

01 :15 pm

We came back to school after the movie and we had 5 different types of pizza to choose from. After lunch we went outside and played .



03 :05 pm.

I finished school and went to the shop with my friends (Ala and Nataalka). After that we came to my house and played .



04 :00pm

My mom served us Pad Thai for dinner .We really enjoyed it. Afterwards we went skating in my garden and played some more for the rest of the afternoon.



07:00pm

My friends left with their mums and I went to take a bath .



07 :30pm

I had supper with my family .I helped my mom to prepare tortilla wraps with salmon and salad .After we ate we sat on a sofa and watched our favourite TV show together .

10:00pm

I brushed my teeth and went to sleep.



I HOPE YOU ENJOYED

